

<b>NUTRITIONAL INFORMATION (approx.) [Qty. per 100g]</b>	<b>Salted</b>
<b>Energy (kcal)</b>	646
<b>Protein (g)</b>	26
<b>Carbohydrate (g)</b>	16
- Sugar (g)	0
- Dietary Fibre (g)	9
<b>Fat (g)</b>	53
- Saturated Fatty Acids(g)	10
- Mono Unsaturated Fatty Acids (g)	31
- Poly Unsaturated Fatty Acids (g)	11
- Trans Fatty Acid (g)	0
<b>Cholesterol (mg)</b>	0
<b>Sodium (mg)</b>	248.0